



**2017 4-H Volunteer and Teen Leadership Forum  
 Saturday, June 10, 2017  
 UConn Greater Hartford Campus, School of Social Work  
 Registration Form**



**Conference is open to 4-H adult volunteers and 4-H members ages 12 and up**

Please return registration form by Friday, June 2, 2017 to Nancy Wilhelm, State 4-H Office, 1376 Storrs Road, Storrs, CT 06269-4134. Include \$10 registration fee for each 4-H participant both adult and youth. Make checks payable to UConn. Health Form required for all youth not accompanied by a parent/guardian.

Name \_\_\_\_\_

Street \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ Date of Birth (youth members) \_\_\_\_\_

Email \_\_\_\_\_ County \_\_\_\_\_

**9:00-9:30 Registration**

**9:30-9:35 Welcome**

**9:40-10:40 am - Laughter Yoga with Rob Rivest (entire group)**

**10:45-11:30 am-- Session A Workshops**

**11:35 am -12:20 – Session B Workshops**

**12:25-1:15 pm – Lunch**

**1:20-2:05 pm – Session C Workshops**

**2:10-2:55 pm – Networking Activity (energizing: entire group)**

**3:00-3:30 pm – Wrap Up: Reflection, what next and baskets**

If you have special dietary needs, or if special accommodations are needed, please indicate in writing below. Requests for special accommodations should be submitted at least two weeks prior to the event.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**\*A team of researchers from UConn is conducting research on participation in 4-H STEM. If you are interested in participating in a focus group for this research project, please check below. Participants must be 13-18 years old. Click on box to check it.**

\_\_\_\_\_ I am interested in participating in the 4-H STEM Research Project

**Next page for workshop descriptions and selection.**

Indicate your 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> choices for workshops in each session.

Indicate 1,2 or 3 in each  below

	Session A	Session B	Session C
<b>Youth</b>	<input type="checkbox"/> Interviewing skills	<input type="checkbox"/> Improving your Public Presentation skills	<input type="checkbox"/> Fairboard Officer Panel Discussion
	<input type="checkbox"/> Emergency Preparedness: Are You Prepared?	<input type="checkbox"/> Ages and Stages for adult and teen leaders; how to engage youth at all ages	<input type="checkbox"/> How to write a winning proposal
	<input type="checkbox"/> Sharing Your Story on Social Media	<input type="checkbox"/> Photography skills: Creating better photos	<input type="checkbox"/> Teambuilding with Games for Teens

	Session A	Session B	Session C
<b>Adult</b>	<input type="checkbox"/> Teambuilding with Games for Adults	<input type="checkbox"/> 4-H online beyond the enrollment	<input type="checkbox"/> Fairboard Mentor/Advisor Panel Discussion
	<input type="checkbox"/> Emergency Preparedness: Are You Prepared?	<input type="checkbox"/> Ages and Stages for adult and teen leaders; how to engage youth at all ages	<input type="checkbox"/> 4-H 101 and beyond
	<input type="checkbox"/> Sharing Your Story on Social Media	<input type="checkbox"/> Photography skills: Creating better photos	<input type="checkbox"/> 4-H Explorer reflection

### Workshop Descriptions:

#### 4-H online beyond the enrollment

Now that you have mastered 4-H Online enrollment, learn how to run and use reports and everything else you can do in 4-H Online

#### 4-H 101 and beyond

Have you recently started a club or have you been a club leader for years? This workshop is for you. Everything you need to know to have a fun, successful club that contributes to the positive development of our 4-H youth Topics will include, handling finances, risk and crisis management, handling paperwork, review of our website (and info that is there) overview of opportunities in: 4-H- national programs (Conference, Congress, dairy conf. CWF etc.), horse program offerings, dairy judging, State days (expressive arts, public speaking, goat day, dairy beef day, sheep day, dog clinic, science days), 4-H Camps, 4-H Fairs, fundraising, establishing 501(c)3 bank accounts and more.

#### 4-H Explorer Reflections

A meeting for leaders who started a CT 4-H Explorers club this year. We will share good practices, experiences, and thoughts for going forward. The pilot looks to be very successful!

### **Ages and Stages for adult and teen leaders; how to engage youth at all ages**

Useful information incorporating and modifying 4-H activities to suit all the kids in your club. Hand's-on activities practicing how 4-H curriculum can be used for kids 8, 11, or 15 years old.

### **Emergency Preparedness: Are You Prepared?**

A member from UConn Extension Disaster Education Network (EDEN) will present on reducing the impact of emergencies and disasters in Connecticut.

### ***Fairboard Panel Discussions***

Guided discussion will give everyone a chance to learn about what happens in other county's 4-H Fairs. Learn about unique programs and best practices that distinguishes each of the seven unique CT 4-H Fairs. *Teens/Adults will meet in separate tracks*

### **How to write a winning proposal**

Tips to improve your writing that can be used for applications for 4-H National trips, Scholarships, Resume and Job applications

### **Improving your public presentation skills**

Become more confident in your public speaking skills. Learn tips and tricks to be a better, more relaxed presenter. Practice projecting your voice and using body language & gestures properly. Practice new skills and get useful feedback.

### **Interviewing skills**

Learn interviewing tips. Get inside the interviewer's head. Turn theory into practice by participating in a short interview.

### **Photography skills: Creating better photos**

Bring your camera, cell phone, tablet or whatever you use and learn how to improve your photography skills

### **Sharing Your Story on Social Media**

Social media platforms allow 4-H to share our story with a larger audience. We will cover Facebook, Twitter, and Instagram, and the best management practices for sharing your program story, increasing engagement, and interacting with new audiences. There will also be ample time for questions and answers, and to learn from each other.

### ***Teambuilding with Games***

As a leader do you look for ways to get your members to work together in cooperation? This workshop will teach the skills of team dynamics using fun, hands-on activities. We will explore icebreakers, team builders and problem solving activities that you can use with your group right away. Each group participant will leave with a directory of activities and a backpack of resources to get them started. *Youth and Directors/Adults and Advisors will meet in separate tracks*

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