

This week in the news:

Be a part of our 4-H Fair!

Dietary Supplement study by Uconn needs participants

Blue Slope Farm Draft Horses A-Z

Project YES! for college-age students

Bat House Survey

4-H Online enrollments & re-enrollments

I do not yet have 4-H Day tickets for the Big E, as soon as I have them I will be posting on facebook and 4-H Friday Flash.

New 4-H families- the Big E releases a set of tickets to each state for 4-H Day, Sept. 17. They are for 4-H members and leaders and an additional ticket for a driver if needed. There are only a finite number of tickets so we ask families and clubs to follow policy.

NLC 4-H Fair

Did you know every enrolled 4-H'er in New London County can come to NLC 4-H Fair Board meetings?

If you are interested in a great leadership opportunity, I encourage you to come to the meetings.

If you had fun at the Fair this year, be a part of the team that puts the Fair together.

Fair meetings are the first Tuesday of the Month- the first meeting is Oct. 4th. We are accepting nominations for Fair Officers and Superintendents for 2017.

Let Ms. Pam know if you would like to run for an office.

We are also looking at updating our Fair Association By-laws and need teens to be on this committee. Let Ms. Pam know if you have an interest in this important position.

Are you interested in taking a supplement?

Dietary Supplement Study

The Department of Nutritional Sciences
At the
University of Connecticut
Is seeking

Men and women to participate in a 27-week diet intervention examining the effects of TA-65, a dietary supplement on insulin resistance and blood glucose

Eligibility for the study requires men and women who are:

- Between 32 and 70 years
- With metabolic syndrome (have ≥ 3 of the following characteristics): high blood pressure, high plasma triglycerides, high fasting glucose, low HDL or high waist circumference
- No history of diabetes, liver disease, renal disease or heart disease
- Not taking glucose-lowering medications

Benefits of participating:

- Free cholesterol testing and other lab results
- You will be compensated for up to \$350 dollars if you complete the study

To inquire about participating in the study contact:
Maria Luz Fernandez, Principal Investigator 860-486-5547
Email: maria-luz.fernandez@uconn.edu or
Diana DiMarco: Graduate Assistant
Email: uconnTA65@gmail.com

This research study was approved by the UConn IRB, Protocol # 14-278





Blue Slope Country Museum inc Presents

Draft Horses From A-Z

(with a few surprises)

Come enjoy a wonderful display of all things draft!

*Sit ring side and watch these animals work!
Demonstrations of driving, plowing, and log pulling will be
happening all afternoon!*

*Bring the kids to watch, learn about, and pet these cool
animals*

Admission \$7/person, kids 4 and under FREE

September 17, 2016

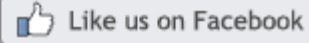
12:00pm-3:00pm



Blue Slope Country museum will be open for tours.
Ideal fun for the whole family including children's activity and
horse drawn wagon rides.

Blue Slope Country Museum Inc.

a 501(c)3 Non profit museum whose missions is to preserve past agricultural practices and lifestyles for the benefit of
mult-generations to positively impact future decsions in agriculture.



Hi All -

Sending this to ask for your help in identifying college students (undergraduate or graduate students) who might be interested in internships with our Youth Extension Service program. A flyer is attached that includes a link to informational videos, and a link to the application can be found at: [Project YES Application](#)

And it's not limited to students in North Carolina, so if you have connections beyond the state to folks that you think would be interested, please forward the announcement and encourage them to apply. We have a couple more weeks to accept applications for review for our next cohort that will be oriented in October.

Thanks for helping us get the word out about this great opportunity!

Harriett

Harriett C. Edwards, Ed.D.

Associate Professor & Extension Specialist for Volunteerism

Extension Military Liaison

Department of Agricultural and Human Sciences

NC State Extension

NC State University

NCSU Campus Box 7606

Raleigh, NC 27695-7606

Phone: 919.515.9548

Improving the lives of youth, families, and communities. It's what we do.

Bat Houses Survey for Uconn Study

Do you have a bat house or know of any in the CT area? Help UConn researcher and UConn NRCA student (nrca.uconn.edu) study the importance of bat houses to bat conservation in Connecticut. Contact us at laura.cisneros@uconn.edu if you are interested in including your bat house our survey or if you have any questions. Please feel free to share the attached flyer. Thank you!

4-H Online Announcement

Beginning October 1, 2016 new families and current 4-H members and adult volunteers will begin to use the 4-H Online Enrollment system to either enroll in the Connecticut 4-H program as a new family or re-enroll as an existing 4-H member/volunteer for the 2017 4-H year. A working email will be required to use the system. Club leaders will also have the capability to login to the system to add and confirm club members. A signed hard copy of the Code of Conduct form will still need to be submitted to your county 4-H office. Additional instructions will be forthcoming, and a training will be offered at the October 4-H Volunteer Conference.

Have a good week everyone!
Ms. Pam